



“Hibiscus” by Clare Austin

Available as a hand finished print on canvas.

Clare is a Feng Shui consultant and artist. You can contact her for more details on 0408 511 342.

Feng Shui Tips For Winter

Feng Shui, the ancient Chinese art of placement, is a tried and tested technique for enhancing your living and working space.

We respond to our environment in physical and more subtle ways. According to Feng Shui, the colours, shapes and materials around us affect our personal “Chi” or life force. Discerning use of decor can influence our well being in powerful ways.

Balance and Harmony

In using Feng Shui we should try to create balance and harmony. If a room is too dark we are advised to brighten it up. If there is too much clutter we should try to clear it away to avoid confusion and anxiety.

If a space is too empty we should provide some points of focus so that the environment is pleasing, balanced and supportive.

Turn Up The Heat

In winter we endure cold and dark days and nights. The obvious remedy is to warm up our homes. We can turn up the thermostat on or heater and we can also turn up the heat in our decor.

Colour is one of the best ways to do this. Warm colours such as red, pink, purple and orange represent the element of fire.

Fire is associated with warmth and passion. We can increase the warmth of our environment to display images that reflect the fire element.

See How You Feel

Feng Shui is considered one of the eight limbs of traditional Chinese

medicine. By making our environment work to our advantage, we can support our health and well being.

If our home attracts positive Chi, it will require less personal Chi to keep soldiering on during the bleak months ahead.

Try warming up your home with a splash of colour this winter and see how you feel.

Large format paintings and prints are a great way to add dramatic, colourful energy to your home or office. “Hibiscus”, pictured on left is bright, uplifting and sure to warm your heart this winter.

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